

A woman wearing a black riding helmet and a bright green long-sleeved shirt is shown in profile, gently touching the face of a dark brown horse. The horse is wearing a dark halter with brass-colored buckles. The background is a soft, out-of-focus green, suggesting an outdoor setting.

The most beautiful job
in the world
International Instructor
Horse & Behaviour





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Improve the wellbeing of horses and the people who interact with them through inspiration and education

International Instructor: Horse & Behaviour Join us on the journey

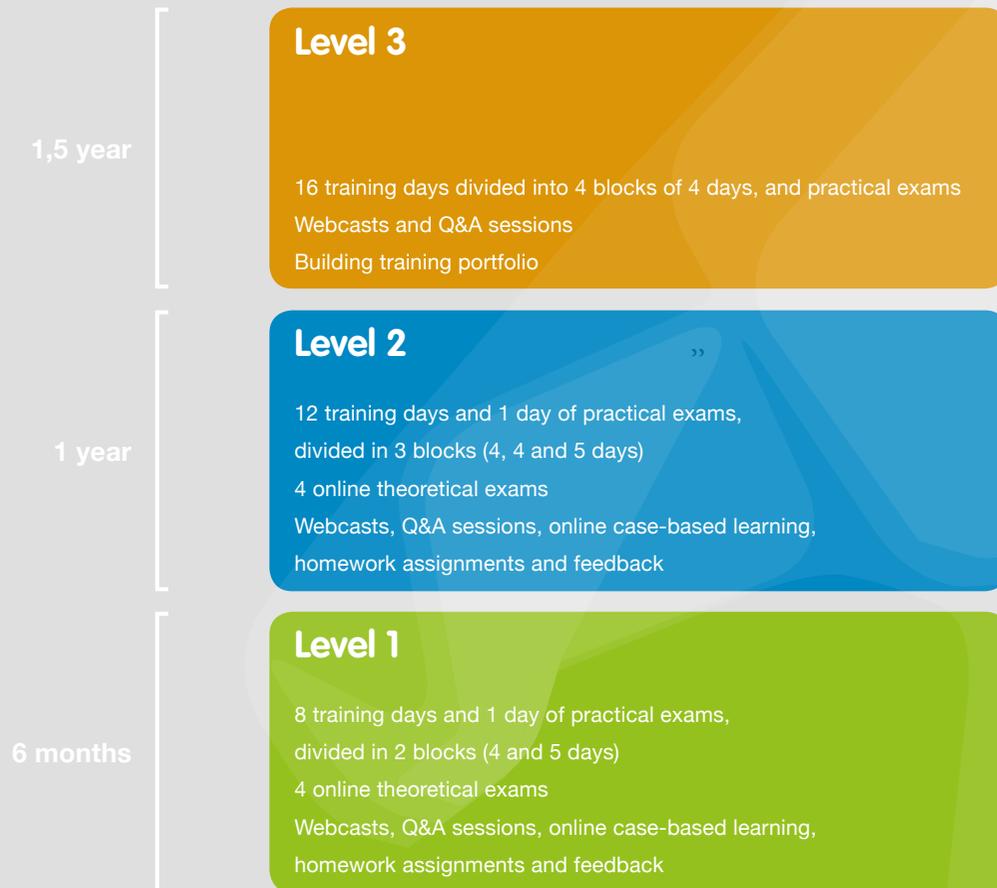
A true love of horses brings with it a thirst for greater understanding. After all, only through greater understanding of these beautiful yet complex creatures can we begin to improve the way we relate to them and, in doing so, improve their quality of life and our own in the process. Would you like to learn how to improve the relationship you share with your horse and inspire others to do the same? Are you interested in understanding horses from their natural behaviour and learning how to apply this new understanding in your training, without resorting to outdated, coercive tactics?

Do you want to help train horses and their owners, currently struggling with a wide range of behavioural challenges?

Whether you want to expand your knowledge and experience as an enrichment for yourself or if you want to use it to carve out a new career, this is the course for you!

The above is just the tip of the iceberg of what the International Instructor Horse & Behaviour course entails. The course consists of 3 levels and each one builds on the previous level in terms of depth of knowledge and the scale of the behavioural challenges of the horses you work with. This study guide elaborates on each level and will address the relevant practicalities to help you decide if this course is right for you.

Welcome to our journey and our courses!



Instructor Horse & Behaviour Course Structure

The course consists of 3 levels, which will enable you to deepen your knowledge and apply it in practice. The levels succeed one another, going into the subject matter in greater depth, while becoming more challenging in practice.

Every level is rounded off with practical exams, and level 1 and 2 also with theoretical exams. The online study material and the practical homework assignments, which are judged by instructors, support you during the first 2 levels. During the 3rd level you will build up your own training portfolio. You don't need to own a horse yourself, nor do you need any specific prior knowledge or prior education to be able to join level 1. Everybody, with or without experience, is welcome!

After graduating from all 3 levels you will become a certified Horse & Behaviour Instructor. You can then start as an independent all-round horse behaviour trainer. You will be equipped with the knowledge and experience to address serious challenges and will be able to teach and train others. During the course you will receive training on didactics and personal development to ensure you will be able to guide clients and owners in the best possible way. It may be possible for some students, who can demonstrate existing competency in the field of horse behaviour, to bypass level 1 and begin their learning journey with e-quine.com at level 2. Please note that this must always be done in consultation with e-quine.com.



Level 1

Do you want to learn more about horses and their natural behaviour? Do you want to improve your ability to read the signals horses communicate to us and understand the warning signs that indicate they might be unwell or distressed?

Exploring these themes will be the core focus of Level 1 of the course. During this first level you will receive all the information necessary to build a strong relationship with a horse. Level 1 consists of 2 practical training blocks, the 1st

one is made up of 4 days and the 2nd block is made up of 5 days, including 1 day of practical exams.

Alongside inspiring practical, face-to-face training, you will deepen your knowledge and experience at home through homework assignments, online feedback from our certified instructors and self-study, making this a flexible training option for students keen to balance busy lives.

All the materials you need can be found on the online learning platform of e-quine.com, where you can also post your homework videos.

Results

After completing this level you will be able to confidently recognise the most important communication signals conveyed by horses. You will know about their natural behaviour and how to apply this in your training. You will recognise the most common disease symptoms and have a detailed understanding of appropriate treatments. You will have a new-

found awareness of equine diet and nutrition and will be able to use this to enhance the health and wellbeing of horses in your care. You will know about the birth process of foals and the fundamentals of preparing a horse for ridden work. Alongside newly gained theoretical expertise, you will also master the basics of liberty work, long lining, trailer loading and fear &

obstacle training. These physical skills – some of which can be hard to master - represent an investment in your own personal development, which in turn will enhance your ability to effectively train horses and their owners.

It is possible to round off level 1 without obligation to complete the entire 3 level course.

During level 1 we will cover the following topics:

- The language of the horse. Many challenges with horses start with poor communication and misunderstanding. Improving your understanding of the messages horses communicate with us through their behaviour will empower you to know exactly how best to adapt your methods of interacting with them.
- Training of the horse, both in theory and in practice. We cover several training methods, based on scientific research.
- Physical differences in breed and discipline. You will learn how a dressage horse differs from a showjumper or racehorse and how these differences need to be incorporated into your approach to training.
- Health, food and digestion. You will gain new awareness and understanding of the most important muscle groups and anatomical make-up of horses, as well as the most important guidelines relating to diet and nutrition.
- Lessons on foals, procreation, and general ethology.
- Physicality and health. e-quine.com will help you to learn how to see that a horse is not feeling well. You will learn to recognise the most important symptoms and behavioural traits, in addition to learning how to determine heart rate and respiratory rate.



Level 2

You can start with level 2 when you master the knowledge and practice of level 1. The goal of this level is to further deepen your knowledge and skills in all areas that you will need to independently train a horse with more challenging behaviour. For example, a horse that won't load on to a trailer, challenges with fear & obstacle training, ground work, difficulties with being shod, clipped or receiving dental or vet treatment, in addition to general dominance issues.

Naturally, the guidance of the horse owner plays an important part as well and we will zoom in more on this during this level.

Level 2 consists of 3 blocks (respectively 4, 4, and 5 days) with the practical exams at the end of the 3rd block. Alongside inspiring, practical training you will deepen your knowledge and experience through projects and self-study. You will use the online e-quine.com platform for this. As in level 1, you will complete homework assignments, where you will work independently with horses to put into practice your learnings from the practical days. You will have access to dedicated support during your homework assignments, through personal online feedback from our certified instructors.

During level 2 we will cover the following topics:

- Body language and communication. We dive deeper into the signals and the language of horses. The first step will be taken towards how you as a trainer can influence their behaviour for the better.
- Food and digestion. As well covering the most common disease symptoms, we explore the relationship between food and equine behaviour.
- Guiding the owner. We will provide you with the tools and tactics needed to best help and guide the owner. You will learn about the influence of the owner/rider on the horse and more about your own behaviour and how this influences and prompts responses in horses.
- Physicality of the horse. With an expert in this field you will look at horses' physiques. You will look at how different horses are built and how that influences their movement and suitability for certain disciplines and use.
- Physical training from the ground. You will learn to teach the horse to better use its body during groundwork.
- Foals. You will learn how to imprint the foal and to lift their feet and put a head collar on them for the first time. You will start training young horses, supported by scientific knowledge.
- Fear and safety. You will learn in practice how you can help horses deal with their fears. Safety aspects for human and horse are important topics during all practical training days.
- Beginning of challenges. You will gain insight into the beginning of behavioural challenges. Wellbeing and training aspects will be covered as part of this section, as well as possible solutions.
- Learning theories. You will deepen your knowledge of different learning theories and learn how to apply these during the training of horses.
- Trailer loading. You will learn tactics to reduced anxiety and help horses to overcome their negative association with trailers and lorries so that they can load in a calm and relaxed way.

Results

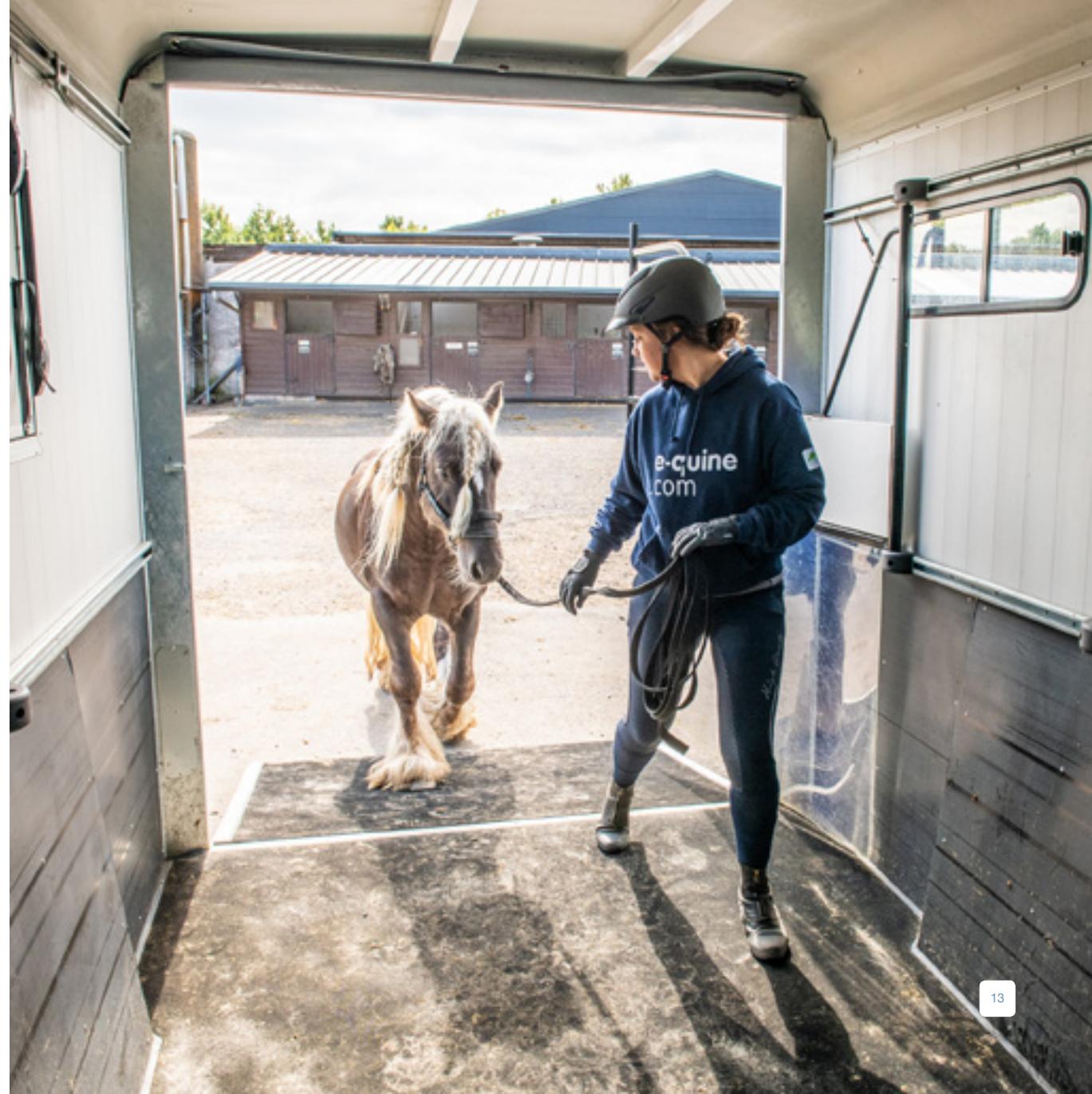
After completing this level you will be able to help horses and owners with challenges and will start to build your portfolio for level 3.

In this phase you will be working on “singular challenges” and how to prevent them. You will be capable of working with horses that show undesired behaviour, due to lack of training in the area of groundwork and

help these horses to better deal with their adrenaline.

You will be capable of training a more difficult horse from the ground to cooperate with you. You will be proficient in helping horses that won't load on to the trailer through fear & obstacle training. You will be able to apply the learning theories to help the horse overcome certain challenges.

You will be able to design your own training plan for the horses you work with and you will be appropriately equipped to work safely with more challenging horses.



Level 3

You can start with level 3 when you have completed the practical and theoretical exams of level 2 successfully.

During this level you learn to become an all-round International Behaviour Instructor. After finishing this course you will be able to address and solve diverse singular and multiple behavioural challenges with horses. You will also be able to competently and confidently provide lessons and demonstrations.

This level consists of 4 blocks and separate practical exams and is spread over 18 months. During this period, you will work on building your own portfolio. You will visit several horses and their owners and help them with the challenges they face. Through building your own portfolio you will gain the experience that you need. You will be supported to build your portfolio, through webinars and Q&A sessions.

During level 3 we will cover the following topics:

- Communication and Behaviour. You will discuss and test several approaches, based on the learning theories, and learn how to effectively retrain horses that exhibit challenging behaviour.
- Effective training. You will learn to draw up your own training plan for horses with diverse behavioural challenges and will be expected to execute your plan to help the horse overcome them.
- Groundwork 2.0. You will take part in ground exercises to improve the physical balance of the horse, which in turn will support the owner to improve their riding.
- Starting young horses. Together with (international) trainers you will prepare young horses for their lives as riding horse. You will help to introduce them to their first saddle in a safe way and get them used to long lining. You will learn which things you can do to optimally prepare young horses for their first rider.
- Bio mechanics. You will work with a physiotherapist to analyse horses physically. With many riding challenges caused by physical discomfort, you will learn to recognise pain and discomfort in horses and know the best methods of remedying the problems you identify.
- Physicality of horses. It is important that the physique of a horse matches the wishes and plans of its owner. You will learn how to judge a horse's physicality and advise the (future) owner accordingly.
- Didactical skills. You will learn to teach small groups of students and individuals and become adept at adapting training to meet the ability and unique requirements of the person/people you are working with.
- Portfolio. By working with a wide range of horses you will gain more experience and build a strong portfolio.
- Ethology and horse psychology. You will deepen your scientific knowledge of ethology and horse psychology and learn how to apply this together with learning theories in practice.

Results

After completing this level you will become an independent all-round behaviour instructor, qualified and able to provide lessons to one or multiple people.

You will have sufficient knowledge and experience to address complex challenges and bring young horses into ridden work in a safe, effective way.

The network you will develop as part of this course will provide you with a wealth of specialist advice and expertise whenever you feel you need a second option.

You will be astute in creating training plans for the horses you work with and ready and able to execute these in a positive and safe manner. When asked,

you will be able to advise stables and equestrian centers on aspects of safety and wellbeing. Through building up your portfolio you will gain the necessary experience in training horses and guiding the owner. You will be capable of training horses in such a way that the owner can continue with it independently.

Locations & Costs

During the course we will visit several locations in Europe for the practical training days. The exact locations will depend on the course level you are in. Working with horses in different countries allows you to deepen your knowledge of working with horses in different settings and cultures, as well as providing an unforgettable learning adventure.

Students are expected to arrange their own transportation and accommodation but we will happily assist you with tips on great places to stay and wonderful restaurants to dine in.

Niveau 1 (6 months)

Payment per month:	6 x € 276,85	Total € 1.661,-	
Payment in 2 terms:	2 x € 789,-	Total € 1.578,-	5% discount
Payment at once:	€ 1.495,-	Total € 1.495,-	10% discount

Niveau 2 (12 months)

Payment per month:	12 x € 218,75	Total € 2.625,-	
Payment in 2 terms:	2 x € 1.247,-	Total € 2.494,-	5% discount
Payment at once:	€ 2.363,-	Total € 2.363,-	10% discount

Niveau 3 (18 months)

Payment per month:	18 x € 201,83	Total € 3.633,-	
Payment in 2 terms:	2 x € 1.725,-	Total € 3.450,-	5% discount
Payment at once:	€ 3.270,-	Total € 3.270,-	10% discount

Fast facts:

- You don't need any experience with horses to start level 1
- You don't need to own a horse to join this course
- You will not be riding a horse during this course
- After each level you have the possibility to take a (temporary) break
- If you can demonstrate that you have completed comparable courses in the area of horse behaviour, there is a possibility to start at level 2. This will always be done in consultation with e-quine.com
- After completing level 3 you will receive an international trainer certificate

About e-quine.com

e-quine.com has made it its mission to improve the wellbeing of horses, and the people who interact with them, through inspiration and education. There will always be more to learn when working with horses but that's what makes it so fun and rewarding. We believe in a scientific starting point. We work together with international universities to ensure that everything we do can be supported scientifically. e-quine.com is not operating from one particular tendency or theory. We work from the learning theories so that we approach the horse in the broadest way possible. We are always looking at what is best for the individual horse and want to make use of all knowledge available to us, as long as it serves the purpose of increasing the horse's wellbeing.

The organization was founded in 2011 in the Netherlands by Annemarie van der Toorn. Thousands of students are taking e-quine.com courses and its graduates are officially recognised as Horse & Behaviour instructors. The course is internationally acknowledged, and we work together with the equestrian sport associations in several countries to create a strong cooperation.

We are on a mission to reach as many people as possible and inspire them in order to make the world a better place for horses. We would love to welcome you to our journey and our courses!

Contact us

Do you want to know when the next course starts and how to enrol?
Or do you have any other questions? Please contact us at info@e-quine.com



